



2017



The Giant St. John's College

Bishop Eldon Drive, P. O. Box N 4858, Nassau, The Bahamas.
Website : aceaschools.org



“Appreciate our Past, Generate our best, Celebrate every day”



Happy Mother's Day!

When you thought I wasn't looking

Author: Mary Rita Schilke Korazan

All the things she taught you, just by being an excellent example.

When you thought I wasn't looking,
I saw you hang my first painting on the refrigerator,
and I wanted to paint another one.

When you thought I wasn't looking,
I saw you feed a stray cat,
and I thought it was good to be kind to animals.

When you thought I wasn't looking,
I saw you make my favorite cake for me,
and I knew that little things are special things.

When you thought I wasn't looking,
I heard you say a prayer,
and I believed that there was a God to talk to

When you thought I wasn't looking,
I felt you kiss me goodnight,
and I felt loved.

When you thought I wasn't looking,
I saw tears come from your eyes,
and I learned that sometimes things hurt,
but it's alright to cry.

When you thought I wasn't looking,
I saw that you cared,
and I wanted to be everything that I could be.

When you thought I wasn't looking,
I looked....



Nevillene Evans ~ Ph.D. - Principal

LUPUS AWARENESS

What is LUPUS?

Each year, May is recognized internationally as Lupus Awareness Month. During this time, events are held to increase people's awareness of the disease, lend support to those who have been diagnosed, as well as to raise funds for research efforts in the cause, prevention, cure and to provide financial assistance for treatment.

Lupus is a chronic inflammatory disease that occurs when your body's immune system attacks your own tissues and organs. Inflammation caused by lupus can affect many different body systems — including your joints, skin, kidneys, blood cells, brain, heart and lungs.

Lupus can be difficult to diagnose because its signs and symptoms often mimic those of other ailments. The most distinctive sign of Lupus — a facial rash that resembles the wings of a butterfly unfolding across both cheeks — occurs in many, but not all cases of Lupus.

Some people are born with a tendency toward developing lupus, which may be triggered by infections, certain drugs or even sunlight. While there is no cure for lupus, treatments can help control symptoms.

SYMPTOMS

No two cases of Lupus are exactly alike. Signs and symptoms may come on suddenly or develop slowly, may be mild or severe, and may be temporary or permanent. Most people with Lupus have mild disease characterized by episodes — called flares — when signs and symptoms get worse for a while, then improve or even disappear completely for a time.

The signs and symptoms of Lupus that are experienced will depend on which body systems are affected by the disease. The most common signs and symptoms include: fatigue, fever, joint pain, stiffness and swelling, butterfly-shaped rash on the face that covers the cheeks and bridge of the nose, skin lesions that appear or worsen with sun exposure, fingers and toes that turn white or blue when exposed to cold or during stressful periods (Raynaud's phenomenon), shortness of breath, chest pain, dry eyes, headaches, confusion and memory loss.

When to see a doctor -See your doctor if you develop an unexplained rash, ongoing fever, persistent aching or fatigue.

CAUSES

Lupus occurs when the immune system attacks healthy tissue in the body. It is likely that lupus results from a combination of your genetics and your environment. It appears that people with an inherited predisposition for lupus may develop the disease when they come into contact with something in the environment that can trigger the condition. The cause of Lupus in most cases, however, is unknown. Some potential triggers of flares include:

Sunlight. Exposure to the sun may bring on Lupus skin lesions or trigger an internal response in susceptible people.

Medications. Lupus can be triggered by certain types of anti-seizure medications, blood pressure medications and antibiotics. People who have drug-induced Lupus usually see their symptoms go away when they stop taking the medication.



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Our Sincere Sympathy from your St. John’s College Family.

Sincere sympathy is extended to the families mourning the loss of loved ones during the month of April. May the Lord comfort you during this time and bring you His blessing of peace.

Special condolences to Andrew Woodside 6J and Dondre Woodside 9N on the passing of their mother, Jacqueline Woodside as well as Deonte’ Elliott 11H on the passing of his father, Martin Elliott.

May God continue to bless, guide and protect all of you as you celebrate another year of life and love!



IMPORTANT DATES

Please note: Dates are subject to change.



MAY 2017

~Honesty~

LUPUS MONTH



- 18th Final PTA Mtg.
- 29th Sec. Exam begins
- 30th Prep. Exams/BJC Theory Exam begins
- 31st Prep. Exams

JUNE 2017 - Honesty

- 1st Prep. Mark Day
- 2nd Labour Day Holiday
- 3rd SAT Exams
- 4th Whit Sunday
- 5th Whit Monday
- 6th Exams and BGCSE Theory Exams End
- 7th Secondary Mark Day/Grade 5 & 6 Prizegiving 10:00 a.m.
- 8th BJC Theory Exams End
- 12th Prizegiving Kgn. – 4 1:30 p.m.
- 16th School Closes for Students
- 20th SJC Grade 12 Graduation 10:00 a.m.
- 23rd School Closes for Teachers/Emerald Ball @ 7:00 p.m.
- 25th St. John the Baptist Day
- 26th First Day of Summer School
- 27th Report Cards Issued



JULY 2017

- 4th Independence Day (US)
- 12th Independence Day Holiday (BAH)
- 14th Final Day of Summer School
- 24th - 28th School Office Closes
- 31st School Office Reopens



St. John’s College

Wednesday, 7th June, 2017 at 10:00 a.m.

Prizegiving Ceremony -Grades 5 & 6

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Monday, 12th June, 2017 at 1:30 p.m.

Prizegiving Ceremony ~ Pre. - K — Gr. 4

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Tuesday, 20th June, 2017 at 10:00 a.m.

12th Grade Graduation Ceremony

All Ceremonies will be held in the School’s Auditorium
Bishop Eldon Drive, Nassau, Bahamas

The Physical Education Department took 17 students to this year’s staging of the Penn Relay Carnival held in Philadelphia, Pennsylvania. Cyrique Saunders, Joshua Fernander, Inarri Hutchenson, Kendesha Ingraham, Rashan Darling, Rashaad Darling, Wendira Moss, Aaron Springer, Hilton Forbes, Voushaun Bullard, Breshoan Pennerman, Geordan Thurston, Indea Cartwright, Lauryn Storr-Stubbs, Jameka Chisholm, Dejauniqu Lightbourn and Shania Darrell. The Student-athletes gained valuable experience from this trip that most of them have already began using it as motivation to improve for the future. We would like to thank all those who supported us and made this trip a successful one.



S.J.C. Summer School Program

Grades: 1 – 12

Date: Mon. 26th June, 2017 – Fri. 14th July, 2017

Period: 3Weeks

Time: 8:30 a.m. – 3:00 p.m. daily.

Cost: \$320.00



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SCHOLASTIC



Every Child Deserves a Good Book

SeeSaw
Grades K-1

Lucky
Grades 2-3

Arrow
Grades 4-5-6

TAB
Grades 7 and Up

The Reading Giants Scholastic Club

Our new Scholastic Book Club is up and running! Let's get our kids reading! Go to <http://world-schools.scholastic.co.uk/st-johns-9> to browse the latest books and order online. For every \$1 you spend on this month's Book Club, our school will earn 20¢ in Scholastic Rewards.

S.J.C. Eco-School Launch

St. John's College is well on its way towards receiving its International Green Flag as an eco-friendly school. The school hosted a **'Get Involved'** assembly with a representative from BREEF who shared the steps to achieving Green Flag status:

- STEP #1- Form an Eco School Committee
- STEP #2- Conduct an Environmental Review
- STEP #3- Lay out your Action Plan
- STEP #4- Monitor & Evaluate
- STEP #5- Link to Curriculum
- STEP #6- Inform & Involve Community
- STEP #7- Create an Eco-Code for your school

Visit the **BREEF** website for more details on the Eco-Schools Programmes.

<https://breef.org/youth-education/>

Parents/Guardians, please view the Youtube video and discuss with your child how your family can engage in eco-friendly activities at home and in the community.

https://www.youtube.com/watch?time_continue=1&v=NYnTmgnUmMo



Eco-Friendly Activities @ SJC

- Solar-heated pool - reduced energy costs
- LED lights in classrooms - reduced energy costs
- Online 'Giant' school news - reduced paper costs
- Use of recycled paper by office staff - reduced paper costs
- Prep's Litter Busters Club - reduced litter on campus
- recycling of aluminum cans - promote recycling
- solar-powered car - promote clean air

Class of 2017 'Supreme 17' - Legacy Project

The Class of 2017 is determined to leave their mark on the school. The 12th grade students decorated the planters on the campus with the colours of the three houses: Llewelyn, Markham and Burton to promote school pride. Congratulations to the 'Supreme 17' class for a job well done. (Photos below)

